

## PRINATUR CHALLENGE YOUR POTENTIAL

## **DESIGNED TO STRENGTHEN**

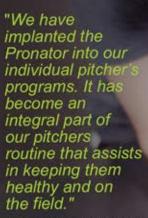
- Forearm: Pronation and Supination
- Wrist: Radial and Ulnar Deviation
- Elbow: Flexion and Extension
- Shoulder: Internal and External Rotation
- Scapular Stabalizers

## USE ANY FORM OF RESISTANCE IN YOUR CLINIC

- Vinyl Dumbbells
- Resistance Tubing
- Metal Dumbbells
- Resistance Band
- Cable Machines



## PRONATOR CHALLENGE YOUR POTENTIAL



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The Pronator offsets the weight challenging the rotator cuff in all shoulder exercises.

It is ideal for a clinic setting as
The Pronator challenges muscles
up to 11 times more than holding
a normal dumbbell.